Your support and cooperation can help make your child's school years a rewarding experience. It is our hope that parents and students feel free to use these services. We look forward to working with you!

#### **COUNSELORS**

Erin Englert, M.S. Ed Gill Hall Elementary School 412-655-4732 x5288 McClellan Elementary School 412-655-2700 x3297 eenglert@wihsd.net

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# SCHOOL COUNSELING

WEST JEFFERSON HILLS SCHOOL DISTRICT

## ELEMENTARY COUNSELING PROGRAM

As school counselors, we are here to assist all students in having a positive and productive experience at school.

## STUDENTS, WE ARE HERE TO HELP WITH:

- Working out problems
- Setting and reaching goals
- Working well with others
- Positive self-worth
- Adjusting to a new school
- Learning how to make decisions
- Managing feelings (stress, worry, anger, etc.)
- Dealing with peer pressure and bullying
- Discovering career interests

## PARENTS, WE ARE HERE TO HELP WITH:

- Exploring ways to help your child succeed
- Improving parent child communications
- Referrals for community sources
- Understanding the developmental changes of childhood
- Information to understand your child's individual needs

### **MORE INFORMATION:**

\*Please note school counselors do not provide "therapy" or "traditional counseling".

Referrals for school-based & outside counseling services are available for children experiencing grief, divorce, family separation, deployment, or mental health concerns.

### **SERVICES PROVIDED:**

- Classroom Presentations (focus on student's social/emotional, academic and career needs)
- Group Counseling (ex. grief, divorce, social skills, and study skills)
- Brief Solution-Focused Counseling
- Community Resource Referrals
- Parent & Teacher Consultation
- Student Assistance Program
- Serve as Liaison to Community Agencies
- Manage building 504 Service Agreements